

# the emotionally naked® speaker

**Reminder:** Anne Moss is her FIRST name. Rogers is the last name. It's a Southern thing.

## **Bio for mental health speaker Anne Moss Rogers**

Anne Moss Rogers is an emotionally naked® mental health and suicide prevention speaker, TEDx storyteller, certified suicide prevention trainer, and author of the award-winning memoir, [Diary of a Broken Mind](#). After her 20-year-old son, Charles died by suicide in 2015, Anne Moss chronicled her family's tragedy in a newspaper article that went viral, and her blog, Emotionally Naked, has reached millions. Her second book, [Emotionally Naked: A Teacher's Guide to Preventing Suicide and Recognizing Students at Risk](#), with co-writer Dr. Kimberly O'Brien was published on August 24, 2021, through Wiley Publishing.

She has been featured in the New York Times, was the first non-clinician invited to speak on youth suicide at the National Institute of Mental Health, and was invited as a keynote speaker for and editor of [Suicide: Blueprint for Youth Suicide Prevention](#). A UNC-Chapel Hill alumna, Anne Moss currently lives in Richmond, VA with her husband. Her surviving son, Richard, is a filmmaker in LA.