



Anne Moss Rogers The Emotionally Naked® Speaker

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UNC-Chapel Hill alumna,
lives in Richmond, VA.

In-person & Virtual



Anne Moss Rogers is a suicide prevention champion. I had the pleasure of presenting with her at a national conference and she received a standing ovation... I have been to this pediatric conference for two decades and I have never seen *any* speaker receive a standing ovation. She was powerful. She was moving.

[*Lisa Horowitz, PhD, MPH, Psychologist,*](#)
[*National Institute of Mental Health*](#)



Keynote topics

- Turning Pain into Purpose
- Social Media, Search & Suicide
- Diary of a Broken Mind (addiction ed + coping skills)

Training

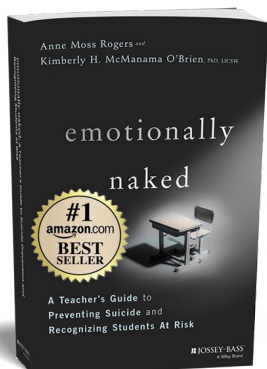
- The Emotionally Naked Truth About Suicide (1-2hrs)
- Youth Suicide: Prevention, Intervention, Postvention (half-day, good as a pre-conf workshop)
- safeTALK training (certified trainer, half day)

Breakouts/Workshops

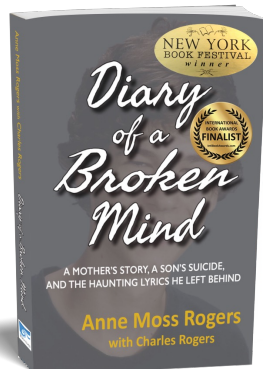
- The Emotionally Naked Truth About Suicide
- Anxiety Workshop
- Coping Strategies Workshop
- Coping Strategies for Grief & Loss

PD for Educators

- The Emotionally Naked Truth About Student Suicide (Focus can be: elementary age, teens, or young adults.)



Emotionally Naked: A Teacher's Guide to Preventing Suicide and Recognizing Students at Risk



Diary of a Broken Mind: A Mother's Story, a Son's Suicide and the Haunting Lyrics he Left Behind

Bio

Anne Moss is her first name. It's a Southern thing. She is an author and an Emotionally Naked® professional speaker and trainer who uses storytelling to educate and help audiences find hope, healing and purpose. The author of two books, she has been featured in the New York Times and was first non-clinician invited to speak at the National Institute of Mental Health on youth suicide.

Despite her family's best efforts, her 20-year-old son, Charles, died by suicide June 5, 2015, after many years of struggle with anxiety, depression and addiction.



Audiences: educators, corporations, youth, clinicians & doctors, state depts, parents, military

Training

Anne Moss is trained in:

- **safeTALK**- Registered suicide prevention trainer
- **ASIST**– Applied Suicide Intervention Skills
- **ASK Workshop**-Identifying suicide risk in young kids 6-14
- **MHFA, YMFA**- Youth Mental Health First Aid
- **Preventure**– Personality-targeted life skills training for youth substance misuse prevention
- **DBT Steps-A in Schools**- DBT skills
- **Trauma-Informed Care Basics**
- **Suicide Survivor Peer Outreach**
- **Gym Neurocognitive Training for Addiction**



DEMO Video & TEDx
AnneMossRogers.com