

the emotionally naked® speaker

If Anne Moss has slides, she will present crisis lines on one of them at the start. If she is presenting without a slide deck, please make public on an existing event slide, poster, or verbally, the crisis text line USA/Canada 741-741 and the USA suicide prevention lifeline, 1-800-273-8255 **(The suicide prevention lifeline will change to 988 in July 2022.)**

Emcee Trigger Warning: “Our next speaker, Anne Moss Rogers, will be speaking on her story as a suicide loss survivor. This is an emotionally sensitive topic and we want to keep you safe and hope you will practice good self-care. If you need to leave the room, signal to [Counselor name] with a thumbs up, meaning, ‘I’m headed to the restroom.’ No signal means you need support and we’ll meet you in the hallway so you can talk and we can listen.”

Emcee: Anne Moss Rogers is an emotionally naked® public speaker, TEDx storyteller, certified suicide prevention trainer and the award-winning author of [*Diary of a Broken Mind*](#). Her 20-year-old son, Charles, suffered from depression and addiction and died by suicide in 2015. Following that tragedy, Anne Moss chronicled her family’s tragedy in a newspaper article that went viral, and her blog, Emotionally Naked, has reached millions. Her second book, [*Emotionally Naked: A Teacher’s Guide to Preventing Suicide and Recognizing Students at Risk*](#), with co-writer Dr. Kimberly O’Brien was published August 24, 2021, through Wiley Publishing. She has been featured in the New York Times and was the first non-clinician invited to

speaking at the National Institute of Mental Health on suicide. A UNC-Chapel Hill alumna, Anne Moss currently lives in Richmond, VA with her husband. Her surviving son, Richard, is a filmmaker in LA.